



JSU Recreation

2024 Camps Parent Guide

Message from the Youth Programming Coordinator

Welcome to UREC Youth Camp! Jacksonville State University Recreation is excited to host our youth Spring and Summer camps. Providing a quality experience for you and your child is something that we take very seriously. Our goal is to provide a camp that creates a lasting positive impression for each camper and family.

Our camp staff consists of camp counselors, an intern and the Coordinator of Aquatics, Safety and Youth Programming. All camp staff are trained to facilitate activities, interact positively with children, as well as maintain a CPR/AED/First Aid certification. Camp activities are designed to include high levels of interaction between counselors and campers. We believe that this interaction will foster a fun and enjoyable environment for everyone involved.

Camp Staff Goals

- Ensure camper safety
- Provide positive examples for children
- Introduce campers to new activities and interests
- Emphasize the concepts of teamwork, wellness, and respect
- Create a fun and active environment for children

To summarize, our first priority is your child's safety and enjoyment of our camp. We are looking forward to a great year and welcome any questions or ideas you may have.

Sincerely,

Nichol Wills
Coordinator Aquatics, Safety and Youth Programming

Camp Commitment

Our camp is designed to provide a fun and recreational experience for all campers. All camp counselors are certified in CPR/First Aid/AED. They are all dedicated to making sure each camper has a positive and

fun experience at camp. We also provide reasonable accommodation for individuals with disabilities or special needs. To ensure the accessibility of all programs and services, we encourage anyone needing information, assistance, and/or accommodation of any kind to contact Nichol Wills at Nwills@jsu.edu or 256-782-8682. Every effort will be made to find ways to assist with any special needs in a confidential manner.

Important Contacts

- Nichol Wills, Coordinator of Aquatics, Safety and Youth Programming
 - 256-782-8682
 - nwills@jsu.edu
- Welcome Desk, Recreation and Fitness Center
 - 256-782-8689
 - urec@jsu.edu
- Membership Desk
 - 256-782+5075
 - urec@jsu.edu

Registration Information

Any questions regarding registration and camp payments can be sent to the membership staff at urec@jsu.edu or by calling 256-782-5075.

Age at Camp

A child's age will be determined by their age on the first day they will attend camp. To be eligible for enrollment, the child's age must be within the designated range for camp (5-12 years).

Waitlist

If a specific week's enrollment has reached the maximum, additional requests for space in the camp will be placed on the waiting list with priority based on the order in which enrollment is completed. If a camp enrollment vacancy occurs, the individual at the top of the waiting list will be notified and given until 5pm on the following business day to accept the vacancy and pay any due fees. If this does not occur, the vacancy will be made available to the next subsequent individual on the waiting list.

Partial Week Attendance

The department does offer the option to sign up for single days of camp. However, priority will go to campers who sign up for an entire week. You can request camper single-day registration or partial week registration by the camp director. Then once the registration deadline occurs and there are open spaces in the following week of camp, the camp director can take single day or partial week registrations at that time. Any partial reservations will only be processed at that time and if space is available in that week of camp.

Registration Deadline

The registration deadline for each camp session is the Wednesday prior to each week. If an opening is available, enrollment forms will be accepted until camp spaces are full. A deposit of \$25 per child/per week is due at the time of registration to hold a child's spot each week of camp, except day and spring break camps. The amount will be applied towards the total due for each session of camp.

All final payments are due no later than the Wednesday prior to the week of attendance.

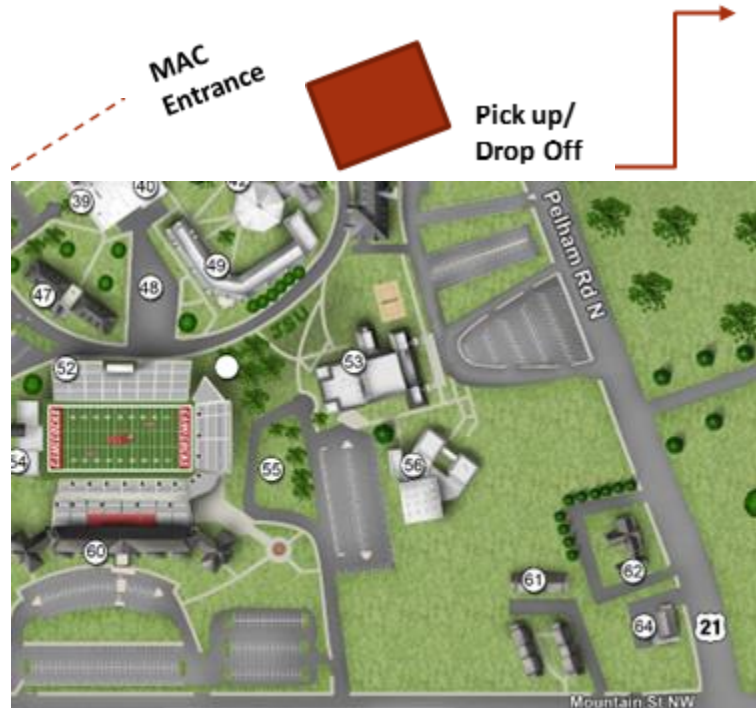
Camp Rates

	Price/Week	Price/Day	Price Parents Night Out
UREC Members/ JSU Affiliates	\$125	\$35	\$15
Non-Members/ Non-Affiliates	\$150	\$40	\$20

Camper Drop-Off/Pick-Up

Day Camp drop-offs are from 7:30am to 8:30am and pick-ups from 4:30pm to 5:30pm. All drop offs and pick-ups will take place in the back of the Recreation and Fitness Center, near the MAC Gym, off Mountain St. Parents will need to park in the lot and walk their children to the back door of the Recreation and Fitness Center. If you wish to drop-off or pick-up your child outside of the pick-up/drop-off hours listed previously, you will have to park and come to the front of the Recreation and Fitness Center. The back doors will be locked due to facility policies.

As parents/guardians come in for camper pick-up, they will need to show a photo identification to the camp staff member, indicating they are listed as an authorized pick-up person for your child. *For safety purposes, there is no exception to the photo identification policy.* If someone other than yourself or an authorized pick-up person is picking up your child, you must submit a signed note stating who will pick up your child that day.



Children will not be permitted to leave the camp location unaccompanied by an adult. No camper will be permitted to walk unaccompanied to their home or another meeting place.

Please note the following policies regarding drop-off and pick-up of campers:

- Be courteous to other drivers. Do not leave your car unattended or double park at the curb as it adds to the congestion, and you could be cited.
- Be safe and cautious. Please watch for staff in the street and other cars entering/leaving the area.
- University Recreation cannot be responsible for parking violation tickets.

Late Arrivals/ Early Pick-Ups

Special arrangements for your child to arrive late or leave early can usually be made only if advance notice is given. This notice should be given in writing at either check-in or check-out to the counselor on duty or camp director. The notice should specify the date, time, and who will be picking up or dropping off the child.

Medication

If your child is taking medication, the Permission to Administer Medication form must be completed and turned in before the first day your child attends camp. This form will outline the type of medication, amounts, and times to be taken. Medication needs shall remain confidential between parents and camp staff and, if necessary, will be administered discretely.

For the camp staff to dispense prescribed medication, it must be in the original prescription container with the prescription dosages. The camp staff will not dispense over-the-counter medicine to your child unless a physician's note is provided which displays the prescribed dosage. The camp director will be responsible for retaining this medication and ensuring it is properly administered according to the directions of the parent and prescription.

Illness

If your child should become ill while at camp, you will be notified. University Recreation does not have a registered nurse on staff. Therefore, we will ask you to make the decision whether to remove your child from the program for the day. We also ask for your discretion in bringing your child to camp if they are ill.

Contacting Your Child During Camp

If an emergency arises and you need to contact your child during camp, you can call the membership desk at 256-782-5075.

Lost and Found

Please see the camp staff for any lost items throughout the program. At the conclusion of camp, unclaimed lost and found items will be donated.

Staff/Camper Ratio

The minimum ratio of staff to children will be 1 to 8. Campers are never permitted to leave the group alone or wander into unauthorized areas of the facility or adjacent areas, unless supervised by a counselor. Campers should not go to the restroom alone. They should ask a staff member for permission. (This is a precaution to ensure camper safety.)

Accidents & Emergencies

It is highly recommended that all campers have medical coverage prior to attending camp. In case of an emergency or accident involving your child, you will be contacted following notification of the appropriate emergency personnel. The camp staff makes provisions to ensure all campers are as safe as possible.

All staff members are CPR/First Aid/AED certified and will provide initial emergency care when needed. Lifeguards and counselors will supervise all aquatic activities, and we require campers to wear safety equipment for applicable activities. Reports regarding minor injuries and behavioral issues will be given to parents during pick up. These reports may include items such as a scraped knee or a refusal to

participate in an activity. If immediate action is required for a more serious issue, parents will be contacted by phone.

Camper Conduct

University Recreation believes it is important that our campers act respectfully towards each other, counselors, employees, and patrons of the recreation center. While we understand that some children have a natural tendency to test the limits of compliance in many situations, we believe that there are certain standards to which our campers must be held. It is our goal to help develop our campers into individuals who have strong morals, are responsible, and treat others with respect.

Camp counselors will serve as frontline employees in relation to camper discipline. Counselor's training and discretion will be used in determining what action(s) warrant discipline, labeling the severity of such actions, issuing warnings, or referring campers to the camp director. Camp counselors must be able to explain their reasoning when disciplining a camper. Counselors will respond to disciplinary issues under the following progression:

- Verbal warning
- Loss of privilege and/or removal from activity
- Notification given to camp director and removal from activity
- Notification given to camp director (notification of parent or guardian)
 - Camper may be asked to sit in office and write a note depending on number of incidents
- Notification of parents (possible removal from camp)

Once a child is sent to the camp director, it will be the director's discretion on any consequences needed. If these consequences warrant the presence of the child's parent or guardian, the parent or guardian will be asked to appear at camp as soon as possible to pick up their child.

- First time needed: camper will be asked to leave for the rest of the day
- Second time needed: camper will be asked not to return to camp

***All disciplinary meetings with campers will be conducted either in an open environment, or with additional camp staff present.*

If the camper's actions are severe enough, the earlier stages of the behavior consequences list will be disregarded. If inappropriate behavior, bad language, threats, or violence are noted, your camper may be dismissed and asked not to return to camp in the future. If a child is removed from camp for disciplinary reasons, a parent conference must determine if they are eligible for camp participation the following year.

What to Bring Every Day

Recommended Clothing

Campers should arrive dressed for activity each day, especially with footwear. (Required footwear: close-toed athletic shoes.) University Recreation recommends indoor/outdoor athletic or activity clothes. Clothing needs may change somewhat daily, based on the activity's nature. A weekly itinerary will be emailed out to parents/guardians prior to each week of camp to help prepare.

Water Bottle

Please send your child a water bottle each day, **labeled with your child's first and last name.**

Lunch/Snacks

Lunch will not be provided. All campers are expected to bring a packed lunch that does not need to be refrigerated. A snack will not be provided during morning or afternoon snack time, so two snacks for the day should also be provided for campers. Please make sure not to provide any nut/peanut products in lunch or snacks.

Sun Block

Some camp activities will take place outdoors. We recommend applying sun block on your child prior to arrival, and sending sun block with them so that your child can reapply as needed. **We recommend sending spray-style sunscreen.**

Swimming Gear

Please pack a swimsuit and towel for your child on pool days. A pair of sandals may be brought to wear in the locker room or pool area (only). Children can change into their swimsuits before swimming. If your child wears their swimsuit to camp, please have them bring their underwear to change into after swimming. Wet swimsuits are not advisable for children to stay in all day, due to health concerns. Also, we suggest a plastic bag for wet swimsuits is provided so everything else in their bag does not get wet after swimming.

Gym Bag/Backpack

A gym bag or backpack is recommended for your child's belongings.

****Please label clothing, towels, and all personal items with the child's last name.**

What Not to Bring

Items of Value

Personal items such as cell phones, mp3 players, tablets, and hand-held electronic games are **STRICTLY PROHIBITED** at camp. Campers are not permitted to use these items during camp. All sentimental and

items of personal or monetary value should be left at home. *University Recreation is not responsible for lost or stolen items.*

Area Specific Policies

Aquatics Center

Campers will have the opportunity to swim several times. To ensure a safe swimming environment, we will ask that all campers obey the following aquatic center rules. Rules will be reviewed with campers each week.

Lifeguard directives need to be followed immediately.

All participants are required to shower before entering the pool or hot tub.

Participants may not enter the pool deck without a certified lifeguard on duty.

Participants with open wounds and or infectious diseases are prohibited from using the pool.

The pool may be cleared of participants during severe weather.

Appropriate swimming attire (swimsuit) must be worn. Gym shorts, cut-off shorts, sports bras, thongs etc. are prohibited. A swim shirt may be worn to cover the upper body if desired.

Non toilet trained children must wear swim diapers.

Participants under the age of 16 must be directly supervised by guardian, excluding programming.

Gum, food, and glass containers are prohibited in or around the pool. Water in plastic container is okay.

Spitting, spouting water, and blowing nose in the water is prohibited.

Breath holding is prohibited.

Participants are prohibited from hanging on the lane lines.

Conducting group or private swim lessons without the consent of University Recreation is prohibited.

University Recreation kickboards, pull buoys, flippers, dumbbells, etc. are for their intended purpose only. Limited personal flotation devices are available.

When requested, lap swimmers will share lanes or circle swim in a counterclockwise direction.

Diving, running on the decks, and horseplay in or around the pool is prohibited.

At the discretion of the lifeguard, diving rings, noodles and balls may be used in the leisure pool but not in the vortex. All toys and floating devices are prohibited in the hot tub, lap and vortex areas.

Vortex capacity is 12 people.

Climbing on or jumping over wall dividers is prohibited.

Climbing Wall

Campers will use the climbing wall multiple times each week. To ensure a safe climbing environment, we will ask that all campers obey the following climbing wall rules. Rules will be reviewed with campers each week.

- University Recreation's climbing ropes, carabiners, harnesses, belay devices, and other climbing equipment are recommended for use on the climbing wall. Personal climbing equipment must be approved by climbing wall staff. University Recreation reserves the right to reject personal equipment deemed unsafe. Climbing equipment can be checked out at the Welcome Center.
- Closed toe shoes must ONLY be used when climbing the wall. Climbing barefoot is prohibited. Climbing shoes must be removed prior to leaving the climbing area for restroom or other breaks.

- No climbing or bouldering above or below another person. When walking in the climbing area do not walk under a person who is climbing.
- Avoid climbing routes that interfere with others already on the climbing wall. The right-of-way is given to the first climber on the wall. If someone is bouldering, they have the right of way in front of someone trying to top rope/lead climb above them.
- Climbers on roped routes must follow the route path directly above their belay station. Traversing onto adjacent routes is prohibited except for designated lead climbs. These climbs branch into two paths from a single belay station; only one climber at a time may be on these routes.
- Jumping from the top of the bouldering area is prohibited. Bouldering problems that top out must be down climbed. Climbing over the wall structure for roped routes (this means above the top anchors) is prohibited.
- Grabbing or hanging from bolt hangers and quickdraws is prohibited.
- Use of chalk is limited to chalk balls. Loose chalk is not permitted.
- All rings and jewelry should be removed prior to climbing; long hair should be tied back when climbing roped routes. University Recreation is not responsible for any damage to jewelry or injury to the climber for failing to remove jewelry or securing loose hair/clothing.
- No one under the age of 18 may participate without a signed minor waiver. All climbers must read and sign the assumption of risk for the climbing wall prior to climbing.
- University Recreation reserves the right to suspend the privileges of anyone who refuses to climb in a safe and responsible manner concurrent with the rules and regulations stated above.

I acknowledge the policies and procedures written above

Print Name _____

Date: _____

Signature _____

Date: _____

