

*Jacksonville State University*

# College of Health Professions and Wellness

*Spring 2023*



## *In this issue...*

[Message from the Dean](#)

[Kinesiology Students Presented Statewide Award](#)

[JSU School of Nursing: Empowering Exemplary Nurses to Care for Anyone, Anytime, Anywhere!](#)

[CHPW Welcomes New Faculty and Staff!](#)

[JSU Sports Management Students Work Super Bowl LVII](#)

[AHA 2023 Northeast AL Heart Walk & Move More Challenge](#)

[JSU Respiratory Therapy Partners with Career Services](#)

[JSU Respiratory Therapy Receives a \\$5,000 Donation from the NBRC](#)

## Message from the Dean: Tracey D. Matthews

### Dear Alumni and Friends:

We are excited to share another edition of the College of Health Professions and Wellness newsletter! We do hope you find these biannual updates informative. I always enjoy showing off some of the great achievements our faculty and students are doing! In this issue, you will find updates from all our academic areas (School of Nursing, Respiratory Therapy and Kinesiology).

The renovation of South Complex continues to make progress which will house our Nursing, Athletic Training and Respiratory Therapy programs. We are planning for an open house sometime in the Fall 2023 semester. Please stay tuned for more information soon. As part of the renovation process, we have launched our "Take a Seat" campaign. You can add your name or honor your friends and family by purchasing a seat in the newly renovated nursing classrooms. The 'seat' can be purchased for \$250 which includes a plaque honoring the donation. Please see information below on how you can "Take a Seat."

In closing, I hope you enjoy reading the updates from the College of Health Professions and Wellness in our electronic newsletter. Please considering forwarding the newsletter on to anyone who may be interested in our programs.

### Be well and Go Gamecocks!

*Dean Matthews*



## Take a Seat

A FUNDRAISER FOR THE  
COLLEGE OF HEALTH PROFESSIONS AND WELLNESS  
JACKSONVILLE STATE UNIVERSITY

Text JSUHEALTH to 91999

or visit [Jacksonville State University Take a Seat!](#)

**Take a Seat!** Add your name or honor your friends and family by purchasing a seat in the newly renovated nursing classrooms at Jacksonville State University. A chair can be purchased for \$250 and will include a plaque honoring your donation.

Why "Take a Seat"?

Naming a chair in the new nursing classrooms serves as a unique and personalized gift, for yourself, or to honor someone who loves JSU Nursing.



## Kinesiology Students Presented Statewide Award

By Red and White



The Department of Kinesiology was recently presented a Willis J. Baughman Award by the Alabama State Association for Health, Physical Education, Recreation and Dance. The award will provide support for students Scout Coker, Sidney Oliver, Macie Williams and Sierra Wainer to conduct a physical education service project at Ashville Elementary School. Also pictured are faculty project advisor Dr. Franco Zengaro, Associate Professor and Dr. Gina Mabrey, Kinesiology Department Head.



COLLEGE OF  
HEALTH PROFESSIONS  
& WELLNESS

### CHPW Giving

If you would like to speak to a giving officer, please contact Joseph Munster at [jmunster@jsu.edu](mailto:jmunster@jsu.edu).

Are you interested in finding ways to give back to the College? If you are interested in providing internships/fieldwork opportunities or have service-learning projects for our students, please let us know! Also, please consider a [donation](#)!

## JSU School of Nursing: Empowering Exemplary Nurses to Care for Anyone, Anytime, Anywhere!



The School of Nursing has already been in full swing this semester with a variety of simulation and lab events. Our high-fidelity simulation center and multiple skills labs have provided the backdrop to multiple, hands-on, learning opportunities for our students, including interprofessional education experiences with students from other departments on campus.

Beginning with the Rapid Response Team (RRT) simulation experience, where students participated in a critical care simulation similar to a high-stakes, rapid response in the hospital, we started the semester off with a bang! While the RRT simulation was occurring, we had a variety of lab demos, practice sessions, and validations occurring including IVs, Foleys, tracheostomy care, venipuncture, and sterile glove technique, just to name a few.

Our Community Health faculty and students then collaborated with the department of social work and participated in a home health simulation. Our creative lab team designed and set-up two simulated apartments for students to visit and assess. This experience allowed students to appreciate the role of other disciplines in the care

of home health patients but also provided a safe environment for them to practice and learn how to not only assess a patient but their living conditions. The following week, students participated in a hospice, end of life simulation. This experience is always meaningful for all that participate and gives students the opportunity to experience this emotional process in a safe and therapeutic environment with support from the faculty and lab staff.

While Community Health students were participating in their home health simulation, our Psychiatric Nursing faculty and students were learning more about therapeutic communication in a mental health simulation. They also participated in Mental Health First Aid Training prior to initiating their clinical rotations.

The Maternal Child Health faculty and students had a birthday party for Lucina's newest delivery in the simulation center and were able to witness and take part in a simulated delivery experience.





## JSU School of Nursing: Empowering Exemplary Nurses to Care for Anyone, Anytime, Anywhere!

It truly is amazing what our high-fidelity simulators can do and how realistic these experiences can be for students. As our faculty in OB like to say, “It’s a great day to have a birthday!”.

Our Pediatrics course held their pediatric lab assisted by the parents and children of some faculty, staff, and students (current and former). Cocky even joined in on the fun! This lab is one of the most fun labs we schedule, and everyone enjoys interacting with these special and sweet kids. The opportunity also allows students to experience “well-children” and interact with kids prior to their clinical opportunities.

To say our lab team and faculty have been busy is an understatement! And this was all in the first month of the semester!

The JSU School of Nursing is committed to providing rich learning experiences for students that allow for hands-on learning prior to clinical experiences. These simulations and labs increase students’ confidence and ensure they are successful at the bedside; empowering students to care for anyone, anytime, anywhere!



## CHPW Welcomes New Faculty and Staff!

The College of Health Professions and Wellness is proud to welcome several new faculty and staff to our undergraduate and graduate programs this year! Each new team member brings a variety of education, experience, and practice that will add to students' learning at JSU. We are honored to add each of these new members to our team.



With a doctorate in Exercise Physiology and Athletic Training, Dr. Kean's presence will greatly enhance the Kinesiology Department.



Dr. Jessica Lockhart is new to JSU and has joined the awesome FNP faculty team.



Dr. Cheryl Emich has joined the AGACNP faculty. She brings a wealth of teaching and practice experience!



Dr. Megan Moore is a graduate of Samford and joins the FNP faculty team.



Mrs. Kristi Tisdale has been a clinical adjunct for several semesters and now joins the Foundations of Nursing Practice team as a full-time member.

## CHPW Welcomes New Faculty and Staff!



Mrs. Hannah Diggs is a two-time alumna of JSU Nursing with a BSN and MSN in Population Health. She has worked as an adjunct in med-surg for several years and now joins the team as a full-time faculty in Advanced Health Deviations and clinical faculty in Critical Care.



Mrs. Dorothy Whittington is an alumna of the JSU BSN program and returns home to teach in the Advanced Health Deviations course as well as clinical faculty in Med-Surg.



Mrs. Merri-Morgan Ouellette comes to us from Children’s Hospital of Alabama and has joined our pediatrics clinical faculty as well as course faculty in Health Deviations.



Mrs. Alexis Youngblood is a graduate of the BSN program at JSU and has joined our exemplary lab team as a lab assistant.



## JSU Sports Management Students Work Super Bowl LVII



Sport management seniors Brandon Waldrep and Andrew Hopkins volunteered at Super Bowl 57 through Living Sport, a company that creates international sports programs for college students seeking experience in the industry. They were among 57 students selected internationally for the competitive volunteer program. “We’re one of two schools to have two people going,” Hopkins said. “So just for that, it’s an accomplishment and an honor.”

The pair flew out to Phoenix, Ariz., for the 10-day experience on Feb. 4. They attended educational workshops, toured stadiums and arenas, went horseback riding through the desert, and, of course, supported preparations for the biggest

game day in professional football. On the day of the Super Bowl, they were responsible for ushering people into the stadium.

The two students said they appreciate the opportunity to make connections and gain real-world experience in the sports industry that will prepare them for their futures.

“We’ve always been told the best thing you can do to build up your resume is volunteer events,” Waldrep said. “We have done a handful of volunteer events, but nothing to this extent, so just the fact that we got this experience to go out there and work the most televised sporting event in the world is an unreal experience.”

After graduation, Waldrep wants to work in game day operations and event management. He would especially love to work for the Rocket City Trash Pandas, Huntsville’s minor league baseball team. Hopkins, currently a manager of the JSU men’s basketball team, wants to work as a director of operations and travel with sports teams. “Having Living Sport on my resume is going to help me a lot in the job field,” Hopkins said.

While neither are fans of the Chiefs or the Eagles, they were excited to share their experience with friends and family, who helped them cover the cost of the trip through a GoFundMe campaign. Both predicted the Eagles would be victorious; however, the Chiefs overcame a 10-point halftime deficit to win the game 38-35.





American Heart Association.  
**Heart Walk.**



# 2023 NORTHEAST AL HEART WALK & MOVE MORE CHALLENGE

## REGISTER FOR THE HEART WALK

*Join us on April 22nd at JSU's Pete Mathew's Coliseum for our 2023 Northeast AL Heart Walk! Lace up and spend the morning with us as we raise awareness of the number 1 killer of Americans, heart disease. Make sure to check in at the Jacksonville State University RED OUT TENT!*

**Saturday, April 22nd | 8:00 AM**  
**Pete Mathews Coliseum Parking Lot**  
**775 Park Ave NW, Jacksonville, AL**

## DESIGNATE A COACH FOR THE HEART WALK:

Dr Christie Shelton is serving as the 2023 Heart Walk Chair.

Please create a team for your department by designating a Coach to Start a Team. Next recruit colleagues, friends and family to walk together in the Move More Challenge and at the Northeast AL Heart Walk.

## AND JOIN US TODAY FOR THE MOVE MORE CHALLENGE!

*Coach a team of ~10 walkers in the 30-day move more challenge. Through the Heart Walk app, you can track your physical activity minutes from March 23rd until April 22nd. Try to hit the AHA's recommendation of 150 minutes per week! You can do whatever activity you enjoy- walking, biking, swimming, dancing or anything that makes you get up and move more!*

## HOW TO SIGN UP FOR THE HEART WALK AND MOVE MORE CHALLENGE:

- 1) Scan the QR code on your smartphone or go to [www.gadsdenheartwalk.org](http://www.gadsdenheartwalk.org)
- 2) Click "Create a Team" or join a team that's already created for JSU
- 3) Recruit coworkers, friends, and family members to join your team!
- 4) Download the "Heart Walk" app in your smartphone's app store
- 5) Start moving more today! And receive incentives for hitting fundraising and wellness goals between and now and the Heart Walk.

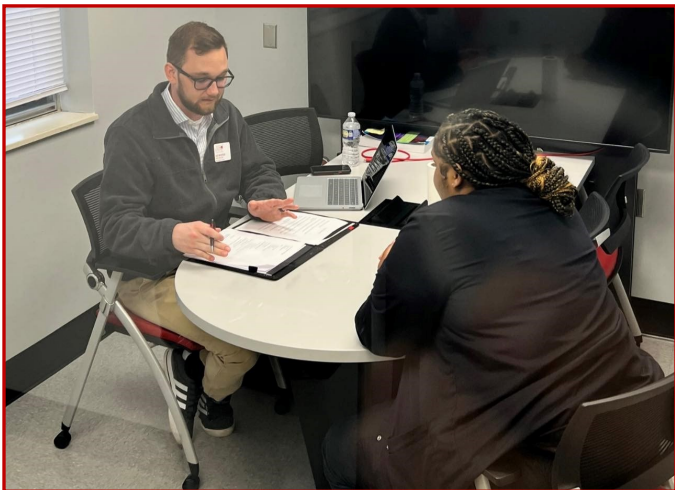


*Have questions? Email Heidi Darbo at [Heidi.Darbo@heart.org](mailto:Heidi.Darbo@heart.org)*

# JSU Respiratory Therapy Partners with Career Services



On February 2nd, 2023, JSU RT partnered with JSU Career Services to allow our senior students to participate in mock interviews. This was a great learning opportunity for our soon to graduate seniors to get experience in answering interview questions. JSU Career Services staff provided great pointers and constructive feedback for each student. The students enjoyed the experience and felt it helped prepare them to enter the workforce after graduation.



For the latest updates about CHPW follow us on social media!



## JSU Respiratory Therapy Receives a \$5,000 Donation from the National Board for Respiratory Care (NBRC)

In fall of 2022, JSU Respiratory Therapy received a \$5,000.00 donation from the National Board for Respiratory Care (NBRC). The funds were designated to provide scholarships to current RT students. JSU RT developed an application process for students to apply, and the total funds were divided into five, one thousand dollar scholarships. The applications required the students to answer four short essay questions on subjects regarding their experience as an RT student, their expectations for a career, and their advice they would share with prospective students. The students submitted all responses to the RT administrative assistant, who removed all identifying information before forwarding to the RT Faculty for judging. This allowed RT faculty to review the submissions and choose winners without knowing which student had submitted the response, other than if they were a senior level or junior level student.

Three senior level students and two junior level students were chosen for the scholarships. Scholarships were awarded on February 2nd to the senior level students and on February 6th to the junior level students. Ed Goodwin, Respiratory Therapy Department Head, had the honor of handing out the scholarships. The winners are:



*Seniors from left to right: Elizabeth McDonald, Olivia Bolton, Macy Dopson.*



*Juniors from left to right: Tamm'ra Hardiman and Zoe Epperson.*